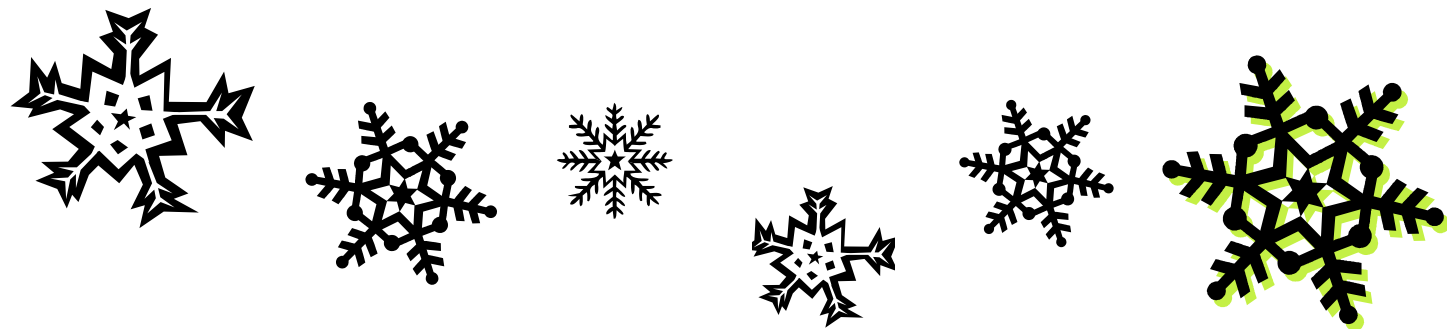


Mt Macrina Manor Resident Service Schedule

- Monday** Prayer Service - 10:00 a.m.
Followed by In-Room Communion
- Tuesday** Rosary - 10:00 a.m.
In-Room Communion
- Wednesday** Roman Rite Mass - 10:00 a.m.
Followed by In-Room Communion
- Friday** Divine Mercy Chaplet - 10:00 a.m.
In-Room Communion
Non-denominational Church Service
Town Hall - Every 3rd Friday
- Saturday** Byzantine Liturgy - 2:30 p.m.
Followed by In-Room Communion
- Sunday** Hymn Sing - 10:00 a.m.
Town Hall
- Confession** 1:15 p.m. every 4th Tuesday of the month



Mt. Macrina Manor
520 West Main Street
Uniontown, PA 15401



MT. MACRINA MANOR NEWSLETTER

Volume VIII, Issue IV
Fourth Quarter 2018

A Newsletter for the Residents of Mt. Macrina Manor



WELCOME 2019!



Residents rang in the new year with an afternoon party complete with hats, noise makers, and plenty of balloons. Guests enjoyed hors d'oeuvres and punch served by volunteers and staff. Local DJ Arnie Amber played a variety of party music that had the crowd clapping and singing along. As a grand finale to the party, a New Year's ball dropped from the ceiling and a sparkling cider toast marked the perfect ending to another great year.





HONORING OUR VETERANS

The Veterans of Mt. Macrina Manor were honored at a special ceremony in November sponsored by Amedisys Home Health Agency. Angie Slaughter, Manager of Recreation from Mt. Macrina Manor, and Maryann Chury, Senior Hospice Liaison from Amedisys, welcomed the guests. Reverend Mike Lyons, Hospice Chaplain led the opening prayer. Members of the Honor Guard from Amvets Post 103 in Hopwood presented the Colors and led the Pledge of Allegiance. Fayette County Commissioner Vincent Vicites, State Senator Pat Stefano, and State Representative Matthew Dowling presented each veteran with a pin and a certificate in honor of his or her years of service. Family members and staff were touched by this beautiful ceremony. Refreshments were served immediately following the program. Special thanks to Amedisys for providing this memorable event.



UPCOMING EVENTS



FEBRUARY
GROUNDHOG DAY
February 2nd

SUPER BOWL
SUNDAY
February 3rd

VALENTINE'S
DAY PARTY
February 14th

PRESIDENT'S
DAY
February 18th



MARCH and APRIL
MARDI GRAS
CELEBRATION
March 5th

DAYLIGHT
SAVINGS BEGINS
March 10th

ST. PATRICK'S
DAY PARTY
March 15th

EASTER SUNDAY
April 21st



MAY
CINCO DE MAYO
CELEBRATION
May 5th

MOTHER'S DAY
May 12

NATIONAL NURSING
HOME WEEK
CELEBRATION
May 13-17

MEMORIAL DAY
May 27th



Across

- 1. Snowsuit
- 5. Snowed
- 7. Snowball
- 8. Snowy
- 9. Snowman

Answer Key to Crossword Puzzle

- 11. Snowing
- 12. Snowless
- 14. Snowboard
- 15. Snowflake
- 16. Snowstorm



Down

- 2. Snowblower
- 3. Snowmobile
- 4. Snowmaker

- 8. Snowscape
- 9. Snowslide
- 10. Snowdrift
- 13. Snowplow

SAVE THE DATE!



What: Next Family Council Meeting
When: January 27 at 2 p.m.
Where: Town Hall
Who is invited: All family members who would like to have the opportunity to provide input, concerns, and ideas to help us improve as we move forward.

NOTE FROM THE ADMINISTRATOR



Dear Family and Friends of the Manor:

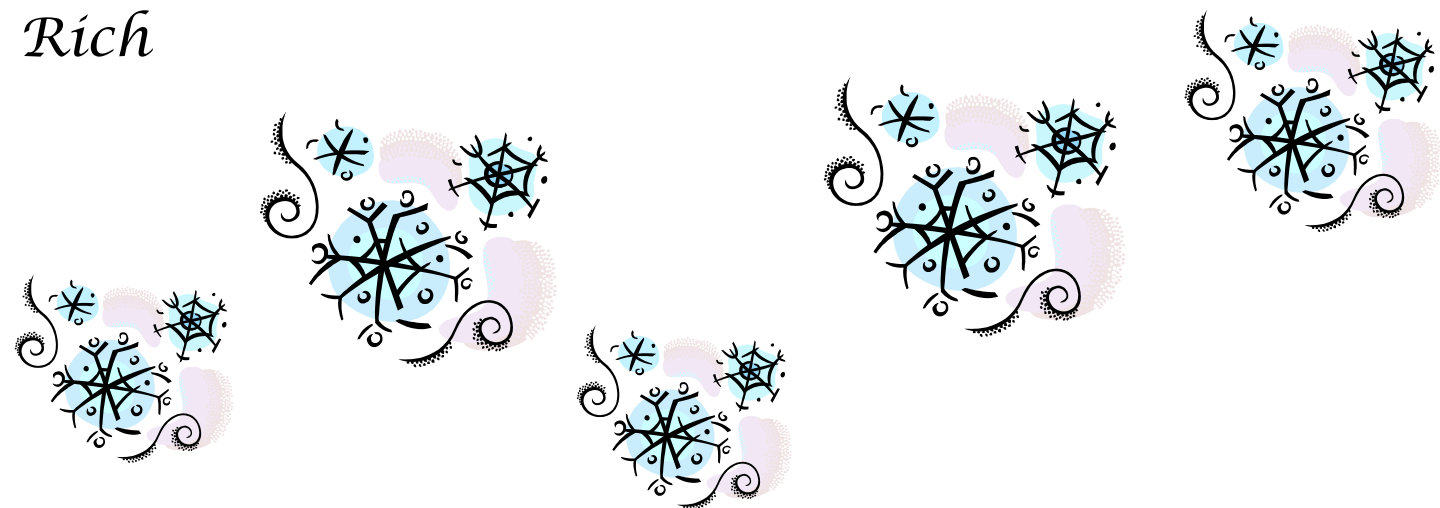
Happy New Year! Although we are halfway through winter, the mild weather leading up to the New Year made it seem more like spring. Snow has finally begun to fall and temperatures are much colder with the new year.

Now that we are in the midst of winter, we are also in the thick of flu season. If you are sick we ask that you please do not visit until you are at least 24 hours free of any fever without the use of Tylenol or Advil. The flu virus is very hard on our seniors and we want to try to keep them as healthy as possible so we appreciate your cooperation.

Resident room storage, décor, and personal items were discussed at the last Mt. Macrina Manor Safety Committee Meeting. Please take home any out of season clothing items and switch them with winter clothing items. Wardrobe/closet and chest of drawers space is limited so it is important to utilize the space appropriately. Also, as a reminder, please do not place any items on top of the tall wardrobe/closet. This poses a safety risk for anyone who enters the room. We encourage residents to personalize his or her rooms to make them feel at home as space permits, but we must ensure the health and safety of all.

Our next Family Council and Support Meeting is scheduled for Sunday, January 27, at 2:00 P.M. in Town Council. I will have a small agenda, but this meeting is for you to express your concerns, questions, or ideas. Our Family Council is a great support group for you as a family member. Please join me and other family members to collaborate on meeting the needs of your loved one in the best ways possible.

Rich



Connecting with the Past A Valuable Lesson in History



Chestnut Ridge Christian Academy students in grades 7 through 12 visited Mt. Macrina Manor as part of their history assignment. Students interviewed our Veterans and other residents. During their visit students got to meet residents and learn about their life experiences and how times have changed. One resident's family member attended and shared props and a video that the students watched about WWII. Her aunt (one of our residents) is one of the original Rosie the Riveters. Students got to have lunch with some of the residents and converse with them. A big thank you to Mr. Barnes and Mr. Carter both teachers from Chestnut Ridge School in helping with this intergenerational activity.

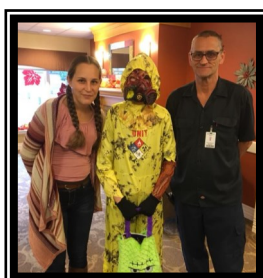




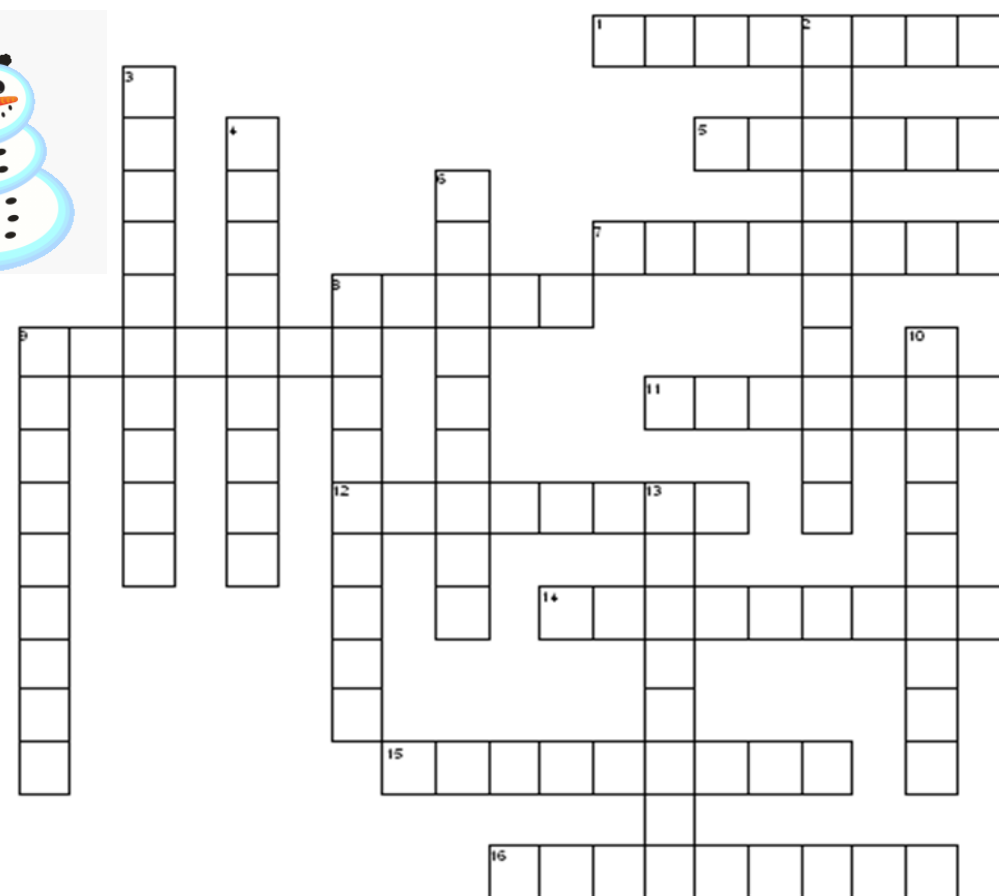
TRICK-OR-TREATING



The Annual Children's Trick-or-Treating was held on Sunday, October 21 at Mt. Macrina Manor. Children and grandchildren of the staff and residents were invited to attend. Skeletons, pirates, princesses, and many other characters trick or treated throughout the halls. Residents enjoyed passing out treats to the youngsters as they passed from hall to hall in their costumes. Following the parade the children made their way to the Town Hall where they were treated to more candy, treat bags, and punch. It was a great intergenerational activity for both the residents and children.



Let it Snow...



ACROSS

1. A piece of winter clothing that keeps children warm and dry as they play in the snow.
5. It _____ last night.
7. A rounded handful of snow that may be thrown.
8. The adjective form of snow (as in "stopping by the Woods on a _____ Evening")
9. A person made of snow.
11. Look outside! It's _____.
12. The absence of snow. ("it's been a _____ winter.")
14. A flat object that people use to travel in surf-like position down hills of snow.

15. A single piece of snow.
16. A type of winter storm.

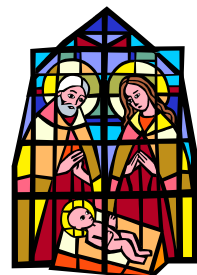
DOWN

2. A tool people use to remove snow from sidewalks.
3. A vehicle that may be driven across snow.
4. A machine that creates artificial snow.
6. Something people use to help them walk across the snow.
8. A landscape covered with snow.
9. An avalanche of snow.
10. A large bank of snow.
13. A machine used to remove snow from roads.

*Answers to crossword puzzle on page 11

O Holy Night

Mt. Macrina Manor Live Nativity

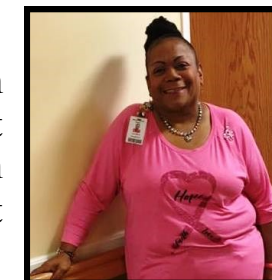


On December 2 from 5-7 p.m. residents and visitors enjoyed the Annual Live Nativity which took place at Mt. Macrina Manor. The weather cooperated which allowed some residents to go outside and view the Nativity on this beautiful 60 degree evening. The live characters included staff and their family members and friends. Five hundred luminaries led the path to the Nativity. Area scouts light the candles. Angel volunteers included Laurel Highlands and Uniontown High School Cheerleaders. Christmas carols were sung by the Sisters of St. Basil the Great, members of the Anchor Fellowship Church, members of St. George Maronite Youth Organization, and the Middle School Faith Formation Group from the Uniontown Roman Catholic churches. An overwhelming turnout from the community made the night a huge success, thanks to the kindness and help of over 75 volunteers.



WEAR PINK DAY

October is Breast Cancer Awareness Month, which is an annual campaign to increase awareness of the disease. While most people are aware of breast cancer, many forget to take the steps to have a plan to detect the disease in its early stages. Pictured below are some of the employees with a resident who dressed in pink to help bring awareness to the disease.



Ugly Christmas Sweater Day

December 21 was National Ugly Christmas Sweater Day. Employees celebrated a few days early by sporting some of the ugliest of sweaters. Residents enjoyed seeing the different varieties of sweaters adorned with gaudy decorations and trim. This event has become a popular trend throughout the country. Pictured below, staff proudly model their sweaters.



CHRISTMAS AROUND THE MANOR



December was a tremendously busy month at Mt. Macrina Manor. Various local groups volunteered their time and many talents. The month began with the traditional visit from St. Nicholas. December activities included baking Christmas cookies, several visits from Santa Claus, making Christmas crafts, and caroling. A variety of Christmas entertainers performed including the Mon Valley Cloggers, Dave Dahl, Two Jolly Hearts, Donnie Carmen, and the Elvis Christmas Show. Special thanks to the Activity Department for making the holidays brighter with all of the activities they plan and conduct throughout the Christmas season.



ANNUAL RESIDENT AND FAMILY CHRISTMAS DINNER

